



Instructor Candidate Information

Prerequisites

- **Basic Life Support Level Instructor Candidate:** Must have a current (unexpired) AHA Basic Life Support Certification
- **HeartSaver Level Instructor Candidate:** Must have a current HeartSaver Certification.
- Must complete appropriate level Instructor Essentials course online prior to in person course (see below)

Courses/Monitoring

- **Instructor Essentials Course Online:** Must complete the appropriate Instructors essentials course online. This course is included in the cost and will be assigned to you. Once your online course is complete you will receive a completion certificate, this will need to be presented to your instructor in printed form to attend your in person course or emailed to support@biggestlittlecpr.com

- **In Person Course:** Once you have completed your online instructor essentials course you will need to complete an in person instructor essentials course with an AHA Training Faculty member. This course will teach you everything you will need to know how to be an instructor including important requirements, AHA information/rules/regulations, course rostering, course submission process, course types, course information, software used, equipment requirements, how to teach courses step by step & more. As part of the in person course you will also complete the required documentation needed to become associated with our current Training Center (CPR Suppliers LLC) and Training Site (Biggest Little CPR LLC).

The AHA has defined these 5 core competencies for all instructor candidates:

1. **Skills:** Instructors need to demonstrate mastery in all skills for the courses they teach. This includes both cognitive skills as well as psychomotor skills.
2. **Course delivery:** Instructors need to teach AHA materials correctly and as outlined in the appropriate Instructor Manual and Lesson Plans.
3. **Testing:** Instructors must be able to test students effectively.
4. **Professionalism:** Instructors need to maintain a high standard of ethics and professionalism when teaching AHA courses.
5. **Program Administration:** Instructors need to be able to manage time, space, materials, and paperwork in compliance with AHA guidelines.



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- Class Monitoring: After you have completed your Online Course and in person instructor essentials training you will need to complete a monitored class with a training facilitator within 6 months of your in person course. Once this is completed and passed the instructor then will issue your instructor certificate/card.

As an AHA BLS Instructor you will be certified to teach all of the following courses:

- BLS for HealthCare Providers
 - Instructor-Led Training
 - HeartCode BLS
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- Heartsaver First Aid/CPR/AED
 - Instructor-Led Training
 - Blended Learning
 - Pediatric and Adult

As an AHA HeartSaver Instructor you will be certified to teach all of the following courses:

- Heartsaver First Aid/CPR/AED
 - Instructor-Led Training
 - Blended Learning
 - Pediatric and Adult
- Heartsaver CPR/AED



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Total Costs:

Our Cost Above includes your Instructor Essentials Course, In person instructor course, Instructor Book (Digital or Paper Copy), initial instructor monitoring, and instructor card once all requirements are completed.

Instructor Essentials Online Course: The candidate must complete the online instructor course and it prior to the in person course.

Instructor Essentials In-Person Course: The cost of the instructor candidate course covers the in person course instruction, the instructor monitoring session, and your instructor card once you have completed your class monitoring.

Each instructor will be responsible for purchasing their own instructor materials/equipment and are not included in any of the above courses. Some items students are responsible for purchasing on their own include:

- Instructor Videos (Required for each discipline they are teaching)
- CPR Manikins
- Student eCards
- Student Workbooks
- Training masks/face shields
- Trainer AEDs
- First Aid Training Supplies (Bandaging/splinting supplies, gloves, epi trainers, etc)
- Naloxone/Narcan Trainers
- Any other needed supplies/equipment